



## Sample lunch menu

### Malay dhal

packed with Autumn vegetables,  
squash, mushrooms & roots

### Malaysian 5 spice chicken

lime leaf, lemongrass,  
coconut & curry leaves

### Aromatic wholegrain brown rice

### Pineapple rojak,

red cabbage, carrots, green beans,  
cucumber & cherry vine tomatoes,  
with roasted crushed peanuts

### Beansprout salad

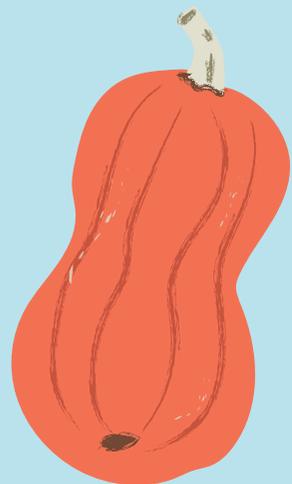
pickled bean sprouts, vegetables,  
lime leaf & lemongrass

### Mixed leaf & herb salad

### Lemon curd ripple cake

or

### Individual fresh fruit salads



## sample lunch menu

### Filo pie

with spinach, cheese & soft herbs

### Moussaka

baked layered lamb ragu, aubergine  
& potato, bechamel & cheese

### Autumn tabbouleh

roasted squash & dried fruits

### Lahanosalata

white & red cabbage, dill,  
toasted walnuts & pomegranate

### Mixed leaf & herb salad

### Wild berry cheesecake

or

### Individual fresh fruit salads



## sample lunch menu

### Aloo tikki

spicy potato & pea patties with mint raita

### Red lentil & coconut dahl,

squash, spinach & green beans, tempered with mustard seeds, onions & Kashmiri chillis

### Pilau rice, cardamom & cinnamon

### Cauliflower & pomegranate chat,

chickpeas, cucumber, cherry vine tomatoes & pickled red onions

### Indian carrot, kale & orange salad

cumin, coriander & mint

### Mixed leaf & herb salad

### Spiced pineapple crumble

or

### Individual fresh fruit salads

